

MARRAKECH AND THE SAHARA

from 9.-17. November 2019.

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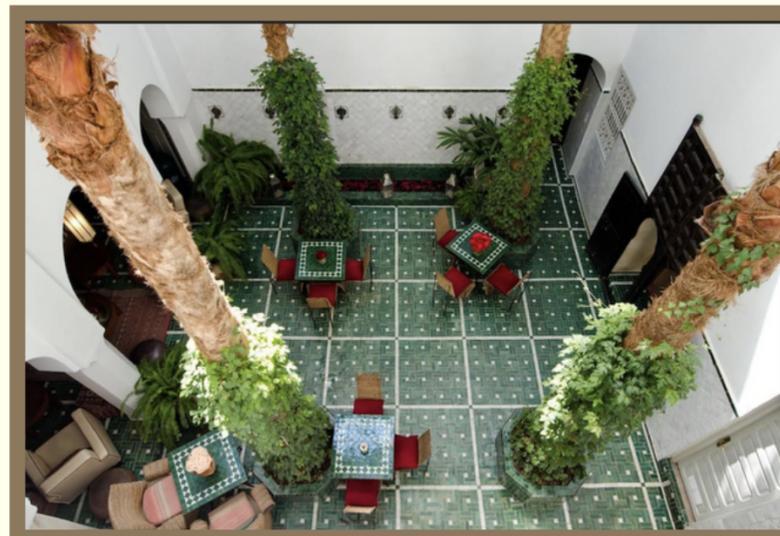
SATURDAY

The Saturday, 9.11., is the arrival day. Book the flight that suits you best and let us know your expected arrival time and flight number. At the airport, our driver will meet you. The short transport to Riad Marrakech, about 15-minutes, is included in the price. For those arriving before 19.00, there is a dinner at the Riad. The evening is for relaxation.



SUNDAY

Sunday starts with a breakfast from 8:30 am to 9:30 am and continues with a brief orientation event on the program of the week followed by a "The Work" session for all those interested (10 am to 1 pm). After lunch at the Riad, the rest of the day is for leisure in Marrakech.



MONDAY

Also, on Monday we start with breakfast from 8.30am to 9.30am and an optional "The Work" session from 10.00am to 1.00pm, followed by a lunch. The remainder of the day is about leisure, e.g. to explore the medina and the bazaar, to visit a traditional hammam, the Jardin Majorelle or the YSL Museum.

TUESDAY

On Tuesday morning, our four-day bus trip to the desert begins. We will drive through several Berber villages and cross the High Atlas. Our destination for the day will be the Dades Valley where we will spend the night. On the way there we will take a lot of photo stops and breaks and visit u.a. the UNESCO World Heritage Site Ait Ben Haddou, a city built entirely of clay. We will return to a simple hotel in Boumaine for dinner (double and single rooms with air conditioning and private bathroom) where we will spend the night.

WEDNESDAY

After breakfast, we continue the bus journey towards Merzouga. On the numerous breaks, we will walk through one of the most fertile valleys in Morocco, explore a canyon and visit a family that still weaves traditional carpets and presents their art. In the afternoon we reach the Merzouga dunes of Erg Chaabi. The dromedaries are already waiting here. We saddle up and ride in the caravan of the setting sun in the Sahara until we reach the desert camp that the Berbers leading us have made. They cook for us in the evening and then invite us to their traditional sounds at the campfire. The following two nights we sleep on the simplest camp beds in this camp.



THURSDAY

In the desert, we experience a silence that we may have never experienced before. And in this silence, one's own thoughts come to light in just as special a way. We are available for work, for meditation and for individually composed mindfulness exercises in smaller or larger groups. At the same time, we want to enable everyone to spend time with themselves and without distractions. For our physical well, our hosts are also taking care.



FRIDAY

In the early morning, we start the return journey. There are plenty of shorter breaks but no further sightseeing as we cover the entire distance to Marrakech in one day. We reach the city in the early evening and expect to return to the same Riad.



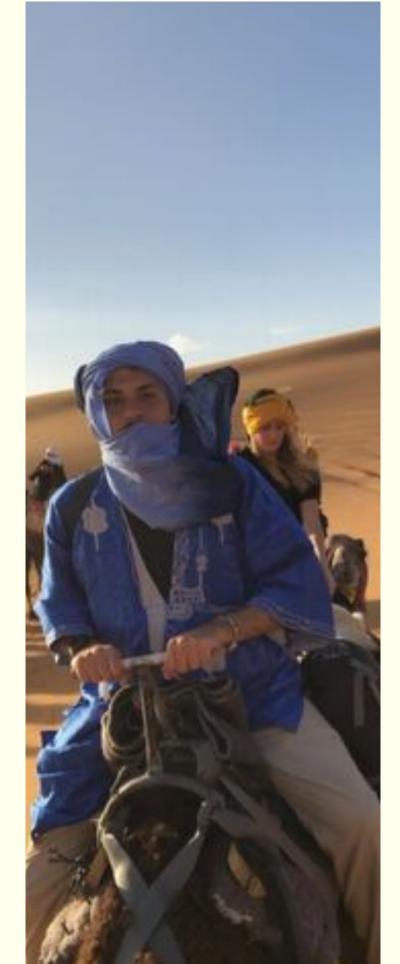
SATURDAY

On Saturday we start with breakfast from 8.30 to 9.30, followed by another optional "The Work" session, a joint final round and lunch. The rest of the day can be used as free time. (A departure on Saturday is also possible).



SUNDAY

Today is departure day. Breakfast and transport to the airport are provided. A joint program is no longer planned. Check-out at the Riad should be done by 11:00 am, however, it may be possible to leave your luggage at the front desk to take advantage of hours before departure in the city.





INCLUDED IN THE PRICE

Transport from the airport to the Riad in Marrakech on the day of Arrival
Transport from the Riad in Marrakech to the airport on the day of departure
5 nights in a double room in Marrakech
2 nights in the desert camp
1 night in a double room in Boumaine
Full board during the stay in the desert camp
Half board on all other days (usually lunch)
The bus trip to the desert and back
The tour guide during the bus trip through us and local guides
The "The Work" offer by us.

NOT INCLUDED IN THE PRICE

Travel insurance of all kinds
Tips for guides
Pocket money for smaller purchases
Carpets and other purchases :)

The price is 1280 euro